

# Centre in Strasbourg

## Student Handbook



## Table of Contents

Overview of Strasbourg...	3
Program, dates, and fees...	3
Courses and Director .....	4
Program Director .....	5
Grades... ..	5
Registration and Convocations... ..	6
Housing and Meal plan.....	6
Alcohol policy... ..	8
Mandatory Presentations.....	8
Medical insurance .....	9
Medications and Counseling Services .....	11
Visa Information.....	11
Passports.....	12
Travel letters... ..	12
Flights and Arrival.....	15
Transportation .....	16
Eurail passes... ..	17
Money... ..	18
Phones.....	19
Helpful Apps.....	19
What to Bring.....	19
Sexual Misconduct Policy.....	19
Required forms continued... ..	20

## **Overview: Centre in Strasbourg**

The Centre-in-Strasbourg program is located in Strasbourg, France, just across the Rhine River from Germany, two-and-a-half hours by the high speed TGV from Paris, and about an hour north of Switzerland. Strasbourg, with a metropolitan population of 400,000, has been called "the crossroads of Europe" because of its location at Europe's center. Its famed Gothic cathedral, begun in 1176 C.E., sits on this island-city's highest spot—the same spot on which sat a Roman fort when Julius Caesar was in the area during his Germanic campaigns of the first century B.C.E. Strasbourg's political importance grows each year with the increasing importance of the European Parliament, the Council of Europe, and the Court of Human Rights which are located there.

This charming and enchanting city is a favorite amongst Centre students and has become one of the most popular destinations for study abroad. Students can study in Strasbourg for the fall semester, spring semester, or for a 3-5 week summer program. The breathtaking architecture, delicious alsatian cuisine, and central location all create the experience of a lifetime and it is no wonder why this trip is so popular.

### **Program Dates and Fees**

Requires a \$375.00 abroad program deposit and \$25.00 medical fee due to the Finance Office by mid-March for all semester programs.

\*Dates will vary year to year.

- Students traveling for the Fall semester should depart from the United States around the second week of September. Then, they should fly home within the first week of December. The stay must be shorter than 90 days in order to comply with Visa regulations.

- Students traveling for the Spring semester should depart from the United States around the first week of February. Then, they should fly home within the first week of May. The stay must be shorter than 90 days in order to comply with Visa regulations.

#### Notes about Program Dates and Travel:

- Students begin the program either at the Strasbourg airport or the Strasbourg train station. Make reservations at least 3 months in advance to get the best rates.
  - Some students have found [www.studentuniverse.com](http://www.studentuniverse.com), [www.statravel.com](http://www.statravel.com), and [www.chipmunk.com](http://www.chipmunk.com) helpful in finding flights.
- Because classes often end at 5:00 p.m. on Thursdays, students can sometimes leave for weekend travel on Thursday evenings.
- Increasingly, Strasbourg students are opting to spend some of their travel periods in their Strasbourg apartments, taking day-trips to Germany and around Alsace.
- When students are away from Strasbourg for the night, they must let the director know where they will be and travel with at least one other Centre student, unless their parents e-mail the director permission for them to travel alone.
- 90-day maximum stay: The Strasbourg program purposely lasts fewer than 90 days so that most students do not have to obtain a visa for stays of longer than 90 days. If you plan to arrive in Europe early or stay once the program ends—or study in the Schengen zone for a Centre-Term abroad course in the same academic year as your participate in the Strasbourg program—you must acquire a long-term French study visa, a time-consuming process that requires a fee and an in-person visit to a French consulate. You cannot obtain a visa once you are in Europe.

#### **Courses and Director**

All students will take a French course at the appropriate level and the courses offered by staff. Two courses are mandatory and then students will be able to select two other courses offered by the program director. These change every year.

Past courses that have been offered include:

- English 235, *French Literature in Translation*
- ANT, *People Watching: Understanding European Cities*
- SOC 215, *The Religious Landscape of France*
- POL 461, *The Construction of Europe*
- HUM, *Cooking Up France: Land, Food, and Nationhood*
- ARH/CHE, *Molecular Modernism: Monet to Marc*
- POL 461, *The Construction of Europe*

### **Program Director**

The Director for your program will be announced at our reveal in November.

Director's address:

Centre College

6 rue de l'ail

67000 Strasbourg

France

Phone: 011-33-388-32 95 20 (within France: 03-88-32 95 20)

Fax: 011-33-388-22 43 58

### **Grades**

The grades that Centre students studying abroad have received in the past have been consistent with, or even a bit higher than, grades received on campus. Nevertheless, we want to make certain that you understand from the outset that the courses you take abroad, will not necessarily be taught or evaluated, as they would be at Centre. Being abroad does not mean the course load will be lighter or easier and students should still expect to be challenged academically

We will, of course, do what we can to advise you on courses you take, but finally you are responsible for those choices, and you must live with the results. The faculty committee on curriculum and academic standards will almost certainly not agree to change an abroad grade because you believe it is too low.

As a reminder, students enrolled in off-campus programs may not take courses on a Pass/Unsatisfactory basis during that term.

### **Registration, Convocations, and Library Resources**

While in Strasbourg, you will contact your advisor and pre-register for future courses via e-mail. They will get an email from the registrar and it will be similar to registering on campus.

You will automatically be credited with six convocation credits during your term abroad.

While abroad, you may access articles on any database at our library. However, if you wish to use an e-book abroad, you will have to access the book through EBSCO ebooks (in Databases A-Z). Students should also log into ARTstor and create accounts before they leave campus.

### **Housing and Meal Plan**

Students live in either apartments with fellow Centre students or in homestays. Centre's Strasbourg homestays are handpicked and are matched according to the needs and preferences of students selected for the homestay program. Homestays with French or German-speaking families are the norm for those with advanced language skills who want to improve their fluency rapidly. *Students in homestays typically have dinner three to four times a week with their homestay families.* This is an extraordinary opportunity with many benefits for your foreign language studies and experience in the local community of Strasbourg.

We have a large apartment that sleeps 6 which will be updated in the summer of 2022 and is in a most desirable location along with the air bnb's. You cannot choose which accommodation you would like.

Centre rents a collection of Air bnb's for students to stay in that are within walking distance to the Centre classroom alongside one apartment rented by the college. Because these apartments are in regular apartment buildings among French families and not in a college dormitory, Strasbourg students must be very responsible about noise: no loud music or even loud talking in the evenings. The same commonsense fire-safety rules about no candles or smoking or Halogen lamps that apply on campus apply in these apartments. During the apartment orientation session with the coordinator and director, all students must sign a statement about keeping the apartment neat and clean and about maintaining appropriate apartment behavior. Any student breaking this signed agreement will be dismissed from the apartment and will be personally responsible for finding and paying for his/her housing.

**Students living in an apartment are responsible to pay a \$100 security deposit.**

Students studying abroad in Strasbourg are charged for the regular Centre board plan. They are given food money at regular intervals while abroad and learn to shop in the markets and prepare their meals, as a group, in their apartment kitchens. In the past, students have become experts at finding inexpensive, fresh ingredients and preparing simple, healthy, and delicious fare. Centre will pay for occasional group meals, for a two-night/three-day excursion to Paris, and for a few one-day excursions in the region. Colmar and Mulhouse are popular destinations for single day trips.

NO Overnight Guests in Apartments. Because of liability issues, no overnight guests may stay in the Centre Apartments, even for a single night. No exceptions will be granted to this rule. The director can provide students with a list of Strasbourg hostels and hotels of all price ranges for any guests who may visit.

- ★ Infraction of this rule will result in immediate dismissal from the program with none of the student's semester's tuition returned.

### **Alcohol and Late-Night Policy**

When problems abroad have occurred for Centre students (and American students generally), there have almost always been two elements involved: 1. Alcohol, and 2. Students being out alone (without another Centre student) late at night.

The following policy is in effect for all Centre study-abroad programs:

1. If a student uses alcohol irresponsibly, as determined by the program director and director of the Center for Global Citizenship, **the minimum fine will be \$100**. The director may also require that the student sign a statement saying that the student will not have alcohol during the duration of the program, and both the **student's parents and the Centre Dean of Students will be informed**.
2. If a student is out at a bar or club after midnight alone—that is, without another Centre student—the program director and director of the Center for Global Citizenship will together decide on an appropriate punishment, **including the most serious one of separating the student from the program without any academic or financial credit.**

### **Mandatory Travel Medicine Presentation**

Mandatory Travel Medicine Presentation Each student studying abroad on a Centre program is required to attend a travel medicine session, and there will be two sessions held each semester for all participants registered. Students must attend the session specifically catered to their destination, as Dr. Brian Ellis will be discussing diseases and vaccinations specific to certain destinations at each session. Only if students have an approved excuse to attend the other session may they do so. The program's faculty director is



the only person who can give students permission to attend the other session.

Holding two sessions should eliminate any student's having to miss the presentation entirely due to scheduling conflicts. Centre regards the travel medicine presentation as extremely important in preparing you to study abroad, and failure to attend one of the two sessions will highly jeopardize your participation in the course.

At the sessions, Dr. Brian Ellis will present up-to-date information outlining recommendations and/or requirements for each destination. Students will also be instructed on how and when to schedule an appointment to receive vaccinations and prescriptions through Centre Student Health if they so choose. All students studying abroad on a Centre course will be billed on their student account a \$25 professional consult fee that covers the travel medicine presentation; those wishing to receive vaccinations or medications at Centre Student Health will receive a detailed list from their office that will include the fees for additional services.

As stated above, failure to attend one of the two sessions will *highly jeopardize a student's participation in the course*. At the very least, failure to attend a session means the student will not be eligible to receive travel vaccines or prescriptions at Centre Student Health, will be required to seek travel medicine advice on his or her own, and will be required to sign a waiver, also signed by the student's parent or guardian, from the CGC. Students who receive the educational material and vaccines elsewhere must show proof to the trip leader, who will notify the Center for Global Citizenship.

Fall students should attend the travel medicine presentation held in March.

Spring students will attend a presentation in October.

### **Medical Insurance**

The College EIIA insurance policy, which covers the director and his or her immediate family, provides a safety net for serious medical situations

abroad; this is especially important for students who do not have medical insurance of their own. The categories of coverage provided are accident and sickness (\$100,000 limit); emergency medical evacuation (\$1,000,000 limit); accidental death and dismemberment (\$200,000 limit); medical repatriation (\$1,000,000 limit).

The person in need of medical care has two options for using the study abroad emergency accident/illness insurance. On moodle there is a Wecare card that lists the pre approved hospitals that will be covered by insurance. As long as the claim has been started the insurance company will take care of the rest. Before reporting to the hospital or clinic, the patient (or a director) can simply call the insurance company to get a claim started before the patient even arrives at the hospital. Call **+1-844-344-2360** and tell the insurance rep who you are, where you are, and what your group name is (for everyone associated with Centre, its EIIA) and the activation Group ID (for everyone, it's **LTG 273330**). The rep will let you know how to proceed and will get the claim started immediately; this eliminates the need to pay anything upfront.

#### Coverage Summary:

Accidental Death & Dismemberment: \$200,000 each person

Travel Accident and Sickness:

Emergency Medical Expenses: \$100,000 each person/each injury or sickness

Emergency Medical Evacuation: \$1,000,000 each person/each injury or sickness

Medical Repatriation: \$1,000,000 each person/each injury or sickness

Security Evacuation: \$100,000 limit per person / \$1,000,000 per event

Natural Disaster Evacuation: \$100,000 limit per person / \$1,000,000 per event

Trip Cancellation: \$2,000 lifetime maximum per insured person

Trip Interruption Coverage: \$2,000 per insured person per policy year/and lifetime maximum, 3-day maximum benefit period

Excluded activities: skydiving/parachuting; hang gliding; bungee jumping; mountain climbing; pot-holing; zip lining; motorcycle riding; and scuba diving – unless scuba diving is assigned as part of the curriculum of study for course credit

Excluded causes of loss: AIDS; routine or elective medical care; normal dental; acne; pregnancy or pregnancy related procedures including abortion (unless an emergency); and loss due to participation in Specified Athletic Sporting Events\*

\*Specified Athletic Sporting Events are: Football, Boxing, Gymnastics, Ice Hockey, Lacrosse, Martial Arts, Rodeo, Skiing (water or snow), Surfing, Swimming, Diving, Wrestling, Basketball, Baseball, and Equestrian are **excluded** when participating in the event professionally or when representing the institution as part of the institution's athletic program.

### **Medication**

- ★ **VERY important: if you take prescription medication, be sure you take enough for the entire amount of time that you're abroad. Keep it packed in its original container from the pharmacy, and keep it in your carry-on luggage as you travel. Contact EIIA and GARDA world before they go and they will help facilitate and presort prescription needs.**

### **Counseling and Psychotropic Medication**

The kind of counseling and support services available on campus are not available abroad. Because any significant life transition can exacerbate and complicate already existing mental health issues, students who are currently on psychotropic medication and/or have been in mental health counseling are encouraged to consider participating in the three-week Early Summer Strasbourg program or one of the Centre Term programs abroad. In addition, those students are urged to meet with a Centre counselor prior to their leaving, to develop a support plan for their time abroad.

Students who find they need counseling services while abroad may arrange for such services but are responsible for making and paying for

appointments and for scheduling appointments outside of class time and required outings. Director will give a list of English of speaking counselors. More details are included below. Should you need counseling for a Title IX issue, please contact a member of Centre's Title IX resource team, listed at the end of this handbook. Centre's Title IX/Sexual Misconduct policies are listed at the end of the handbook.

If a student must leave the trip due to a mental health issue this should be handled on a case by case basis alongside counselors and parents. Students should first receive counseling while they are there with an English speaking counselor. Centre counselors will work with students within their jurisdiction but are limited. Therefore, a counselor there must be utilized as well. Insurance will pay for a doctor or nurse to fly to that country if the situation worsens and if it is a new issue they will pay.

Students will not be charged if they must return home. However, they may not be able to return to campus for that term. This is dealt with on a case by case basis with counselors and the Dean.

When students are admitted into an abroad program Centre counselors will be contacted and any of the students who have visited counseling throughout their time at Centre will be advised to return to counseling prior to the trip.

### **Visa Information**

- ★ **Centre does NOT do this for the students. It is the students responsibility to obtain a visa if they desire to participate in the type of travel mentioned below. We are NOT visa experts.**

Most students participating in Centre-in-Strasbourg will not need a visa because the Centre program is less than 90 days (and U.S. passport holders are not required to obtain a visa prior to visiting France for up to 90 days per semester).

- If, however, you are planning to arrive early or stay late in France or any other Schengen country – OR planning to participate in the semester-long Strasbourg program AND a Centre Term abroad course in France or any other Schengen country – you must apply for a French long-term study visa. This must be done

in person at the Consulate General of France in Chicago (or the consulate nearest your home address; for Kentucky residents, this is Chicago). Students with passports from countries other than the U.S. should begin researching the visa regulations regarding travel to France as a citizen of their home county.

Students (and their parents) should note that although the Center for Global Citizenship is happy to provide the special acceptance letters and insurance information needed for students' visa application and also to offer advice on the process, we are not visa experts or immigration specialists, and we can only advise to the best of our ability. The visa application process can be a complicated one, and it is constantly changing. Because of this, students should know in advance that the process is often frustrating and takes quite some time. Please begin as early as possible. Questions about the application are best directed to Campus France or your assigned French consulate.

Any students wishing to overstay the 90-day limit in Europe during their Strasbourg semester, must obtain a long-stay student visa at their nearest French Consulate. All expenses related to the obtaining of this document are the responsibility of the student. Directions on obtaining Long-Stay Visas (over 90 days) in France are as follows:

- 1) Start an application with Campus France  
<https://www.usa.campusfrance.org/>
- 2) Obtain enrollment letter from Acces Study Abroad and University of Strasbourg
- 3) Upload enrollment letter and copy of passport to Campus France application
- 4) Campus France validates documents and application
- 5) Students are invited to make an appointment at their nearest French consulate.
- 6) Students go to appointments at the French consulate with all of their supporting paperwork, bringing along a letter from Centre College verifying that they have our monetary support.

7) The French consulate holds your passport and returns it within 10 days with your long-stay student visa inside of it.

8) This whole process can take up to 6 weeks, so please give yourself at least two months to begin and complete the process.

If you plan to participate in the semester-long Strasbourg program AND a Centre -Term abroad course in France or any other Schengen country, you must stay in France or another Schengen country for more than 90 days (in order to be eligible for the long-term study visa). You are responsible for arranging your housing for the additional days in Strasbourg or elsewhere; the CGC will provide you with an accurate travel letter once you let them know your plans.

The following information is subject to change based on possible new regulations about visas.

Applying for a long-term study visa for France (DO NOT apply for any kind of Schengen visa) is done in two steps.

Students apply first to Campus France

(<http://www.usa.campusfrance.org/en/page/applying-a-student-visa-%E2%80%93-step-step-0>). Once you get your Campus France application submitted and get the official approval (via email) from Campus France, you're able to set up your interview with the French Consulate nearest your home address. (If you're from Kentucky, that's the Chicago Consulate's office.)

Once your application has been processed by Campus France, you should check the website of the French consulate to which you are assigned in order to find out which documents you will need to present when you apply for the visa. Please compile these documents in advance so that you are ready when you go to your appointment at your assigned consulate. The link to the French Consulate in Chicago is <http://www.consulfrance-chicago.org/Long-stay-visa-for-studies>.

Your interview at the French Consulate must take place no more than 90 days before and no fewer than 30 days from your date of departure.

Any student arriving early or staying late in France must obtain an updated travel letter from the Center for Global Citizenship with the exact dates of

your travel. The CGC will also give you the insurance information you'll need to take with you to your consulate interview

### **Passports**

Passport If you do not currently have a passport that will remain valid for at least six months after your return, begin the process of obtaining one as soon as you are selected. In the recent past, some students have waited three months to receive a passport, even though the passport agency has stated that it will take six to eight weeks.

### **Travel Letters from Centre**

Each student studying abroad in Strasbourg will receive, at one of the mandatory pre-departure meetings, a personalized, official travel letter from Centre. This letter explains what the students will be doing in Strasbourg, as well as information about the program director and insurance. If a student misplaces the letter, the student must pay the Center for Global Citizenship \$25 for another copy. To avoid difficulties, be certain to have this letter with you at all times while traveling to Strasbourg.

### **Flights and Arrival Suggestions**

Plane tickets are NOT included in the tuition fee that students pay to Centre College. Tickets are purchased independently.

It's much easier to fly directly into Strasbourg rather than Paris or Frankfurt; if you fly into Frankfurt, you have to coordinate getting the Airport Bus to Strasbourg\*, and if you fly into Paris, you have to coordinate getting the TGV train from Charles de Gaulle\*\* —and if your plane is late or you get held up at passport control, it's sometimes very difficult to change your ticket (and the ticket is expensive anyway). Since the round-trip bus or train into Strasbourg would cost about \$160, it's also cheaper, usually, to fly directly into Strasbourg.

Round trip tickets from many places in the States to Strasbourg have been running about \$1200-\$1650. Once you book a ticket, please immediately “reply all” to your student cohort letting them know. Many will still be searching, and you can speed up their search. There's a KLM flight into Strasbourg from Amsterdam. Since KLM is a partner airline with Delta and Air France, you can start with Delta and sometimes find this flight.

\*Occasionally, you can find an airline ticket into Strasbourg that takes you to the Frankfurt airport but includes the airport bus (that leaves the Frankfurt airport) to take you directly into Strasbourg, stopping at the central train station. The beauty of booking this flight combination is that if your plane is late arriving in Frankfurt, the airline automatically puts you on the next Strasbourg bus without an extra cost or hassle. The bus trip takes less than 2.5 hours. If you find an inexpensive ticket into Frankfurt that does not include the bus, you can, of course, book the bus on-line yourself separately; if you do this, give yourself at least a three-hour gap in Frankfurt. As we mentioned earlier, we do not recommend this option over flying into Strasbourg.

\*\*Occasionally, Delta/Air France offers a combination air/train trip to Strasbourg. The TGV (fast train) leaves directly from Charles de Gaulle airport and takes you to the Strasbourg central train station. The train trip takes about two hours and 40 minutes. Again, the beauty of booking this combination ticket is that if your plane is late, you're automatically switched to the next Strasbourg train without extra cost or hassle. If you book the train yourself, allow at least three hours to make the change. In order to find the flight, you need to enter the Strasbourg Gare TGV (XWG) option and NOT the Strasbourg Entzheim (or Strasbourg all airports) SXB option.

In the recent past, the Brussels airport has been something of a problem. Mechanical problems with its air traffic system delayed the summer Strasbourg group a full day; taking two hours to clear the Brussels customs made two others miss their connecting flight to Strasbourg.

As soon as a student books a flight into Strasbourg, please send a travel itinerary to the faculty director, who will arrange airport or train-station pickups. Be certain to keep your official travel letter from Centre (see "Travel Letter from Centre" below) with you as you travel to and from Strasbourg and on any other trips you take while you're abroad; this will be very handy if you're stopped at an airport and asked your reason for visiting France.

### **Transportation Suggestions**

A noiseless, eco-friendly electric tram runs through Strasbourg. Six tram lines (A, B, C, D, E, and F) connect all corners of the city and make city traffic more fluid. Generally, all lines operate from Monday to Sunday from 4.30 till



0.30. There are 27 bus lines in Strasbourg and most of them operate until 11:00 p.m. every day of the week.

Tickets, valid for use for tram and bus transport, can be bought at the self-service vending devices that are found at every tram station; you need to validate your ticket (by getting it stamped in the machine) before getting onto the tram. Once tickets are validated, they are suitable for a one-way ride during the period of one hour. Such tickets can also be bought from the bus drivers.

With more than 400 kilometers of high quality cycle track, the perfect way to discover Strasbourg is to rent a bicycle and enjoy the sightseeing. The program director can help students rent bikes.

### **Eurail Passes**

Eurail tickets should only be purchased in the U.S. before you leave, even if you are given the option to wait and buy once overseas. Although you can apply for your pass once you've arrived in France, the only delivery service there to deliver the pass is DHL, which is notoriously problematic regarding Eurail deliveries. Students who have applied while abroad have run into countless problems with receiving their passes, and the CGC strongly discourages a student's waiting to apply.

Participants in this program are not allowed to purchase and use an unlimited "Global" Eurail pass; our experience has shown that this is disruptive to the program's schedule and goals. Recent Strasbourg students have felt that a 10-day or 8-day train pass is sufficient and gives them flexibility to travel to further-away destinations via inexpensive air travel. For example, at the time of printing, an eight-day "Select" Eurail pass costs approximately \$450 (subject to change) and is good for France, Switzerland, Italy, and Austria; it can be used within any 60-day period. Some Strasbourg students choose not to purchase a Eurail pass. Shipping Items Home Each semester, at least a few Strasbourg students wish to ship newly acquired items home in order to avoid additional airline fees for baggage that, with the new items, would weigh more than allowed to fly for free. Here are some tips for how to save money if you need to ship anything back to the States. You should, of course, check your airline's website to see their shipping rates, as it might still be less expensive to simply pay the fee for extra weight.

If you are sending less than 2 kilos (4.4 pounds), it would be better to use your own box and make sure that the post office applies the "paquet prio international" rate, in which case a 500 gram (1 lb.) package would cost 7.70 euros, 1 kilo (2.2 lb.) would cost 11.50 euros and 2 kilos (4.4 lbs., maximum weight for this kind of package) = 17.25 euros. The other option—"colissimo international"—that the post office might apply (unless you specify you would like the "paquet prio international" rate) is more expensive (31.10€ for 2 kilos, for example).

The least expensive way to send a larger package is to buy a "Colissimo emballage international" box at the post office. There are two sizes: L, which can be used for up to 5 kilos (11 pounds) and costs 39.85€, or XL, which can be used for up to 7 kilos (15.4 pounds) and costs 46.75€. You need to make sure to get one for Zone 2. To compare, if you were to use your own box and send your package "colissimo international" it would cost 60.50€ to send 5 kilos and 80.10€ to send 7 kilos. You can buy the "colissimo emballage international, zone 2" box, bring it to your apartment or homestay, fill it up, and then take it back to the post office to send. They will ask you to fill in a "Colissimo emballage" form, on which you will need to give the senders' address (your name and the classroom address: Centre College, 8 rue des Francs Bourgeois, 67000 STRASBOURG). For the Addressee's address, write USA for the "pays." The bottom of the form includes a "declaration en douane CN23" (customs declaration). The "Colissimo emballage" form includes a section "nature de l'envoi" that has a box for "autre" with a line to fill in. You can write here that the contents are used, personal belongings with no commercial value if it's the case (I'd put it in both languages; in French it's "Effets personnels usagés sans aucune valeur commerciale). Otherwise check the "cadeau" (gift) box. As far as the value of the package, in order to avoid customs taxes, it can be up to \$100.

If you have a parent who has an account with UPS, there's a UPS pick-up service (UPS Alliance) at the Office Dépôt store on 27 RUE DU VIEUX MARCHE AUX VINS.

You cannot send alcoholic beverages, pharmaceuticals that are not FDA approved, tobacco, or food. If you do, the package might not get to its destination (we've had packages sent back to Strasbourg).

### **Money**

Students shouldn't exchange dollars to euros before heading to France, as such an exchange would be very costly. Students can simply withdraw euros at one of many ATMs after arriving in Strasbourg.

Students should be sure to notify their banks of their semester in France in order to prevent their ATM cards from being frozen (due to the banks' believing the cards were stolen).

Students in the past have recommended bringing \$1,000-\$1,500 to spend. Students will receive a stipend from Centre that will cover some expenses. Good idea for students to speak to past year students because money, costs, and stipends vary year to year.

Strasbourg offers a France "yellow card" at the tourist office by the cathedral. This card gives students a discount at particular places around the city.

### **Phones**

When traveling there are several options for phone's accessibility. Students should choose what is best for them.

1. Airplane mode + wifi
2. International phone plan
3. SIM card purchase

### **Helpful Apps**

-maps.me = offline maps

-googlemaps

-XE currency = exchange rates app

-tramway strasbourg= tram arrival and departures

-packpoint = creates packing list

-City mapper

### **What to Bring**

About half of what you're planning to take. Most students check one suitcase with wheels (remember: there's a size and strict weight limit — 50 pounds for most airlines beyond which you pay heavily, even on international flights) and carry a backpack (and perhaps laptop) with them on the plane. Put a splashy bright ribbon on your checked bag to make it easily identifiable on the luggage carousel. Take this test to see if you've packed too much stuff: carry your suitcase and backpack around the block and then up and down a flight of stairs three times without putting them down.

If you have a laptop, take it. Laptops automatically adjust to the different electric current in France, so you do not need a transformer. You will, however, need one small, plastic, very inexpensive "adapter" to adapt the configuration on your American plug to the French receptacle. If you happen to have one, take it; if not, you can purchase one cheaply once you've arrived.

VERY important: if you take prescription medication, be sure you take enough for the entire amount of time that you're abroad. Keep it packed in its original container from the pharmacy, and keep it in your carry-on luggage as you travel.

### **Sexual Misconduct Policy**

- ★ This is posted on centrenet and should be dealt with on a case by case basis under the college's policies.

[https://centrenet.centre.edu/ICS/icsfs/Sexual Misconduct Policy Away International Resour.docx?target=a931449d-de2b-4174-8213-d4feb6399ab5](https://centrenet.centre.edu/ICS/icsfs/Sexual_Misconduct_Policy_Away_International_Resour.docx?target=a931449d-de2b-4174-8213-d4feb6399ab5)

- ★ Resources for Diversity and Inclusion

[https://centrenet.centre.edu/ICS/icsfs/CGC Resources.pdf?target=dcb8fea6-dd49-4a93-9768-1b366b8a8a2a](https://centrenet.centre.edu/ICS/icsfs/CGC_Resources.pdf?target=dcb8fea6-dd49-4a93-9768-1b366b8a8a2a)

## **Forms for students to fill out via Moodle**

- These forms can be found under the Strasbourg tab on Moodle.
  - Health and Medical Information Form
  - Statement of Responsibility and Authorization Release, and Indemnification Agreement
  - Emergency Contact Form
  - Flight Information
  - COVID, health, and liability forms
  - Passport information